

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Phone #: Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Local Pharmacy (name & address) \_\_\_\_\_

Mail Away Pharmacy (phone & address) \_\_\_\_\_

FOR OFFICE USE  
ONLY

AF Y N NA

Reviewed by \_\_\_\_\_

### GYNECOLOGIC HISTORY UPDATE

#### **SINCE YOUR LAST COMPREHENSIVE EXAM IN THIS OFFICE, HAVE YOU:**

1. Had any surgery, major or minor? NO YES Explain:
  2. Had any hospital admissions? NO YES Explain:
  3. Had any new medical diagnosis? NO YES Explain:
  4. Had any changes in family medical history? NO YES Explain:
  5. How long does your monthly period last? \_\_\_\_\_ days
    - a. avg # of days from beginning of one period to beginning of next \_\_\_\_\_
    - b. Do you have pain with your periods? NO YES
    - c. Do you ever feel as though your periods impact the quality of your life? NO YES
    - d. Do you ever experience irregular or inconsistent bleeding patterns? NO YES
  6. Please list all current prescriptions AND non-prescription medications including dosages:
    1. \_\_\_\_\_
    2. \_\_\_\_\_
    3. \_\_\_\_\_
    4. \_\_\_\_\_
    5. \_\_\_\_\_
    6. \_\_\_\_\_
- Have you developed any medication allergies? NO YES Explain:

7. Within the last year, have you been hit, slapped, kicked or otherwise physically hurt by someone? NO YES

Are you in a relationship with a person who threatens or physically hurts you? NO YES

Has anyone forced you to have sexual activities that make you uncomfortable? NO YES

8. Had any bladder problems? NO YES Explain:

9. Exercise Type: \_\_\_\_\_ Frequency: \_\_\_\_\_

10. Have you had the Gardasil vaccination? NO YES If yes, when?

11. Do you do breast self exams (BSE)? NO YES How often?

12. Cigarette smoking status: Never ( ) Former ( ) year quit \_\_\_\_\_ Current ( ) #years \_\_\_\_ Packs per day \_\_\_\_\_

PLEASE INDICATE ANYTHING YOU WOULD LIKE TO DISCUSS THIS OR FUTURE VISIT:

FAMILY MD: \_\_\_\_\_ Patient signature \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_ DOB: \_\_\_\_\_

AGE \_\_\_\_\_ LMP \_\_\_\_\_ WEIGHT \_\_\_\_\_ BP \_\_\_\_\_ HgB \_\_\_\_\_ Urine \_\_\_\_\_

CC:

ROS:

**Thyroid**

NL ( ) ABNL ( )

Last mammo: \_\_\_\_\_

Chaperone:

**Breast**

Left & Right ( )

\_\_\_\_\_ deferred at pt request

Supine & Upright ( )

\_\_\_\_\_ present \_\_\_\_\_

Masses No ( ) Yes ( )

Tenderness No ( ) Yes ( )

Discharge No ( ) Yes ( )

Skin changes No ( ) Yes ( )

Lymph nodes No ( ) Yes ( )

**Abdomen**

NL ( ) ABNL ( )

**Pelvic**

BUS/Vulva

Vagina

Uterus

Adnexae

**PLAN:**

**Rectal**

Deferred ( ) NL ( ) ABNL ( )

( ) Refer to \_\_\_\_\_

Guaiac Negative ( ) Positive ( )

( ) BRCA Assessment

( ) Pap

( ) TBSE

( ) Calcium ( mg/day)/vitamin D

( ) Colonoscopy due \_\_\_\_\_

( ) Exercise min 5x per week

( ) Mammo \_\_\_\_\_

( ) RTO 1 year AV

( ) DEXA \_\_\_\_\_

( ) Lipids (FMD)

( ) BC/HRT \_\_\_\_\_

**ASSESSMENT:**

**FTFT**

